

Brownie Girl Scouts

Outdoor Adventurer Badge Program

Visit the Fitzgerald Marine Reserve (FMR) and complete this packet to earn your badge

Step 1: Play outdoors in a new way

- Try an outdoor challenge: Visit a new place at FMR either visit the harbor seals, forest or the tide pools. Write down at least one new thing you saw or did.

1)

Step 2: Explore nature

- Go on a nature hike: Go for a walk in the reserve and write down 5 items you find or see. Spot 3 different types of birds along the way.

5 things I saw on the hike:

1)

2)

3)

4)

5)

3 different types of bird I saw:

1)

2)

3)

Step 3: Buddy up and play outdoor games

- Play a survival game: Play hide and seek among the forest to discover how animals hide in order to survive. Check box when done.

Played a game and had fun!

Step 4: Learn a camp skill

- Tie an overhand knot and a square knot: Learn from your troop leader how to tie an overhand knot and the square knot with either your shoelaces or rope provided by your troop leader. Check boxes when done.

I can tie an overhand knot

I can tie a square knot

Step 5: Care for the outdoors

- Improve a trail: Pick up at least 5 pieces of trash to help clean the park and remind people to protect wildlife with the tips listed below and your own experiences at the reserve. Check box when done.

I picked up 5 pieces of trash to help clean the reserve

Tips to share with family and friends:

- 1) Use less plastic
- 2) To reduce your carbon footprint walk and bike
- 3) Pick up your own and other people's trash
- 4) Save gas and electricity in your home by using resources wisely
- 5) Eat locally grown food
- 6) Recycle and compost
- 7) Think about packaging before you buy
- 8) Plant trees and other greenery
- 9) Volunteer and become more educated on environmental topics
- 10) Share these tips with your friends and family

2 things I am going to start doing to help the environment

1)

2)

Finished early? Try a survey like the SealSitter volunteers of the reserve (optional)

Start Time	Date	Number of Seals	Number of Pups	Tide
				High / Low

Number of Birds	Weather	Other Animals	Total Animals	End Time
	Wet / Dry Sunny / Foggy			

Comments and Observations:

Draw what you see: